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“Praise the Lord! Praise the Lord, O my soul! I will praise the Lord as long as I live. I will sing praises to my God the rest of my life” (Ps. 146, 1, 2, *Clear Word*).

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# TYPELINE



## Welcome Our Guests, Please

The Review and Herald has the privilege of hosting the ABC Marketing Seminar this year. The meetings begin on Friday afternoon, February 19, and go until Tuesday, February 23.

In order to accommodate our visitors on Monday, February 22, and Tuesday, February 23, we ask that employees refrain from parking in the visitors' parking area (this goes for any time of the year), the reserved spaces by the front door, and the front row of parking spaces closest to the north employee entrance. Please use the factory parking lot for overflow after the rest of the office spaces have been filled.

Also, because of the meetings that will be going on in the chapel on Monday and Tuesday, Vegetarian's Pursuit Café will be closed (nothing will be available for purchase on those days), and the Executive Dining Room will not be open for eating lunch. This will avoid disruption of the meetings that will be in session. Tables will be available in the factory lunch room. The Café will be open to employees on Wednesday and Thursday

There will be many visitors in our building next week, so let's do everything we can to make them feel welcome. Thank you for your assistance in the process.

## Join the *Real* Magazine Cause!

*Real* magazine has started a "cause" page on Facebook. If you use Facebook, you can join the cause to show your support for *Real's* mission of sharing Jesus' love with unchurched preteens. Use this link: <http://apps.facebook.com/causes/431727/96130330>. Click the "Join Cause" button. Then invite your friends to join the cause too! On the cause page, people

can find information about *Real* and even donate to the ministry. It's an easy way to spread the word about *Real*.

The Review and Herald also has a cause for Community Crusade Against Drugs/*Listen* Magazine at <http://apps.facebook.com/causes/12544>.

## Thank You

I would like to thank the Review family for the cards, letters, phone calls, and e-mails during Norman's illness and death. I want to especially thank those who came to Norman's memorial service at Shenandoah Valley Academy church on January 24.

All your communications have really been appreciated!—Lois Coon.

## For Your Calendar

### Chapel Programs

#### February

22 *no chapel, Marketing Seminar*

#### March

1 *Service Awards*

### Sunset in Hagerstown

#### February

19 5:52 p.m.

26 6:00 p.m.

#### March

5 6:07 p.m.

*DST spring forward on Sunday, March 14!*

### 2010 Holidays

*Memorial Day—Monday, May 31*

*Independence Day—Monday, July 5*

*Labor Day—Monday, September 6*

*Thanksgiving—Thursday, November 25\**

*Christmas—Monday, December 27*

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*\*Workdays for the week of Thanksgiving are Sunday, November 21, through Tuesday, November 23.*

## Fresh Citrus Fruit Available

The Mt. Aetna Home and School offers fresh Florida citrus this winter as a fundraiser. Citrus has plenty of health benefits, and it tastes good, too!

Order by February 21 for delivery on March 7. Grapefruit is available at \$25 per full case or \$14 per half case. Tangerines cost \$20 per half case. Ask about prices and availability for navels and temples when you place your order.

Order by phone at 301-739-8480, ext. 244, or by e-mail at mtaetnafruit@yahoo.com. Include your name, address, and phone number with your order.

Pickup is scheduled for March 7, from 11:00 a.m. to 3:00 p.m., at the Highland View Academy gym. Payment options include cash, check, VISA, MasterCard, and American Express.

## Choir Concert at Willow Brook

The Mizo Choir will present a concert on Sabbath, February 27, at 4:30 p.m., in the Willow Brook sanctuary. The Mizo people are from Mizoram, India, which lies in the extreme eastern corner of the great Himala-

yan Mountains. This concert offers vocals and music from rare and exotic instruments. A freewill offering will be taken. Come, let us praise the Lord together joyfully.

## Massage Therapist Available

Did you know that the Adventist Risk Management health-care plan covers massage therapy? Tarah Benton, LMT, is a licensed and nationally certified massage therapist, and is now accepting clients with ARM health plan coverage. If you would like to book an appointment and take advantage of your ARM coverage, just bring your insurance card with you on your first visit, and Tarah will do the rest. There's no waiting for reimbursement, and only a small co-pay

is due at the time of service. Session lengths and co-pay costs are as follows: 30 minutes (\$8), and 60 minutes (\$15). A total of 30 visits per plan period is allowed. This means that an average of two to three sessions per month are covered. The new plan period began January 1, 2010. Call Tarah Benton at 301-824-4568 for more information or to book an appointment. Conveniently located in Hagerstown, next to the campus of Highland View Academy.

## Easy Home Improvement Stops Flu Virus

Relative humidity (RH)—the amount of moisture in the air—of 40 to 60 percent can help slow the transmission of viruses in indoor environments, according to a recent independent study by the Mount Sinai School of Medicine in New York.

“Several studies have shown that dry air/ environments are more conducive to virus transmission,” says Jim Lundgreen, humidification systems engineer with DRI-STEEM, which designs and manufactures humidification systems for commercial, industrial, and institutional facilities around the world.

Homeowners and building managers can measure indoor humidity by using a simple

hygrometer. More sophisticated applications should have humidity levels tested by an air quality professional, such as an HVAC technician. If your RH is less than 40 percent, you should consider adding a humidifier to your home or building. If it's higher than 60 percent, you might want to consider dehumidifying, as high humidity levels can foster the growth of harmful fungus and mildew.

You can learn more about commercial and industrial humidification systems at [www.DRISTEEM.com](http://www.DRISTEEM.com). Homeowners looking to learn more about humidifying their homes can visit [www.Aprilaire.com](http://www.Aprilaire.com).

—Courtesy of ARAcontent.com.

## Marketplace

**Free:** 4-foot fluorescent lightbulbs with good life, large supply, could be used in a garage or shop. See Brian or Robin in Plant Services.

**For sale or rent:** 5-bedroom, 3 1/2-bath brick Colonial in Boonsboro off Rt. 40 (great

commuter route), includes all bells and whistles, 1.5-acre lot with large playset, 2 miles from MAAES and HVA, available immediately, asking \$1,995 per month. Call Kim or Joe at 301-766-0367 or 301-302-5160.

## Sabbath Sundown Serenade

Bring your neighbors to our Sabbath Sundown Serenade at the Hagerstown SDA Church. Our March 6 concert begins at 5:30 p.m., and features music by Ron and Jeri

Pride and their children. The exceptional talent this family has will provide blessings to all. Church is located at 11507 Robinwood Drive, Hagerstown, MD 21740.

## Flower and Garden Show to Bring Spring

The Hagerstown Community College Alumni Association will present the tristate area's largest and most extensive floral event, the 16th annual Flower and Garden Show, on Sunday, March 14, at the college's Athletic, Recreation, and Community Center. This year's theme is "The Victory Garden!"

The event will be held on Sunday from 10:00 a.m. to 4:00 p.m. A variety of vendors will take part in the show, named as one of the area's premier events. Show participants include experts in nurseries, lawn and garden equipment, pottery and statuary, landscaping, tree services, stone products, pools, spas, outdoor furniture, florists, wild bird products, and natural gourmet gifts from the garden.

## Response to Prayer Letter

"On behalf of our conference president, Pastor Erhard Biró, I would like to thank you so much for your letter dated December 9, 2009, with your encouraging message and with your announcement that the employees at the Review and Herald Publishing Association were praying for us and the Baden-Wuerttemberg Conference on January 19, 2010. Because of various circumstances we received your letter only after January 19, 2010, but we do very much appreciate your concern and your prayers for us. Nothing else is more important in these difficult times than staying in touch with God, the source of our strength, through the privilege of prayer!"

"We thank God for the work that is being accomplished through the ministry of our

Seminars and demonstrations on a variety of gardening topics will be held continuously throughout both days of the event. In addition, area garden clubs will set up displays, and quilt raffles will be held. Visitors are encouraged to bring their children to enjoy the gardening and activity area for kids.

Lunch and snacks will be available at the Garden Café.

Admission is \$4 for adults and free for children under 12. Proceeds benefit the HCC Alumni Association.

For additional information, contact Lisa Stewart at 301-790-2800, ext. 346, or via e-mail at [stewartl@hagerstowncc.edu](mailto:stewartl@hagerstowncc.edu).

SDA publishing houses, among which the Review and Herald Publishing Association is especially outstanding. Our prayer rise up for you and all your fellow workers at the publishing house. May God guide and bless you as you determine the spiritual course and the "menu" being offered to our members and to the whole world during the coming months and years of your ministry. May the way be prepared for our Lord to return soon in all His glory!

"Yours in Christian service,

"Michael Walter

"Vice President, Director of Education

"Baden-Wuerttemberg Conference,

"Germany"

## February Birthdays

- 20 Mike Gamblin
- 21 Tercio Marques
- 24 Trent Truman
- 26 Nahshon Chambers
- 27 Rhonda Christiano
- 27 Iris Shull



## March Birthdays

- 2 Sam Tipton
- 6 Oliver Gonzalez
- 7 Cody Munro
- 8 Margie Tooley
- 14 Derek Knecht
- 14 Jan Schleifer
- 16 David Griffiths
- 19 Marjorie Chambers
- 20 Ken Schneider
- 22 Allen Alexander
- 22 Steve Hanson
- 22 Ginger Sayles
- 23 Marta Delgado

## Personnel Briefings

### Coming:

**JoAlyce Waugh**, Book Division

**Review and Herald®  
Publishing Association**



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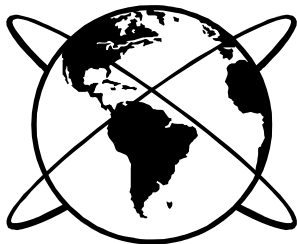
*Typeline is a bimonthly publication for employees of the Review and Herald® Publishing Association.*

*Submissions of articles and advertisements are accepted for consideration and must be made in writing. Submissions are due on the Monday before publication day.*

**Next publication date is  
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**Submissions are due on  
March 1, 2010.**

We're on the Web! Visit  
[www.rhpa.org](http://www.rhpa.org) and click  
on the link for newsletters.



*We serve the world.*

## New Product Highlights

Title: **Living Praise: A Sound Mind. A Healthy Body. A Grateful Heart.**

Author: **Allan R. Handysides**



Life is a gift from God.

A gift He gave not just once . . . but twice.

Included in this gift of life is another gift—health. Everyone has it—but in varying degrees. And not just physical health but mental, spiritual, emotional, and social health as well. It's up to the individual to nurture or abuse this gift.

So what does “living praise” mean? Allan R. Handysides says that “living in the presence of God transforms faith from a passive belief to an active living praise.” In other words, the choices you make concerning health are directly influenced by how close your relationship is with the Creator and ultimately praise or insult Him.

Healthful living isn't about eating food that tastes like cardboard and exercising obsessively. It's about balance, love, and gratitude. Discover the concepts of CELEBRATIONS—a wholistic approach emphasizing Jesus as the source of the blessing of health.

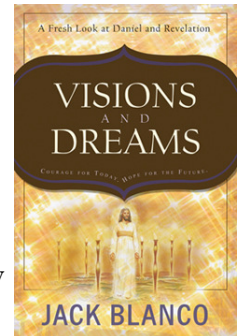
Title: **Visions and Dreams**

Author: **Jack J. Blanco**

Jack Blanco has relentlessly pursued the study of Scripture with the intent to make the Bible more easily understood and applicable to everyday life. This conversational paraphrase is a result of his commitment to sharing its life-giving message with others.

The authors of Daniel and Revelation simply wrote down what they saw—towering images, strange beasts, and an assortment of cryptic symbols and events. Some of the visions and dreams were explained by angels; others were sealed for future generations.

Narrated in modern language without the interruption of chapter or verse, these ancient stories and prophecies are easier than ever to read and understand. And as you read, you will find courage and reassurance in the great truths about Jesus and His church found in these two books.



## Highland View Academy ABC

Please take note of our current change in store hours for next week. We apologize for any inconvenience to our customers.

Sunday, February 21, closed

Monday, February 22, open 2:00 p.m. to 5:30p.m.

Tuesday, February 23, open 1:00 p.m. to 7:00 p.m.

Wednesday through Friday, open 11:00 a.m. to 3:00 p.m.

Sunday, February 28, open 11:00 a.m. to 3:00 p.m.

We have recently reduced the prices of some MorningStar products to \$4 per package. For these selected products, however, no coupons or additional discounts will be eligible. We also have Eco-friendly bags for sale! If you use our Eco-bag at checkout, you can get an additional 5% off your order (days to be announced and offer excludes case food). Save money by "going green!"