

“Angels are ever present where they are most needed, with those who have the hardest battle with self to fight, and whose surroundings are the most discouraging. And in this ministry Christ's true followers will cooperate” (*The Desire of Ages*, p. 440).



TYPELINE

Talent Show This Weekend

Enjoy our “Cheap Night Out” this Saturday night, March 7, at 7:00 p.m. with your Review and Herald family. The entertainment will be out of this world! Admission is free; food and snacks will be avail-



able for a small charge. Bring your family, church family, and friends for a bit of free financial advice and lots of laughs (oh, and don't forget the talent and food!). You don't want to miss it!

How to Cut Heating and Cooling Costs without Cutting Comfort

Heating and cooling systems account for 56 percent of energy used in a typical home, making it the largest energy expense for most households, according to the U.S. Department of Energy. Making smarter decisions about your heating, ventilation, and air-conditioning (HVAC) system can help you save money on your monthly utility bills. American Standard Heating & Air Conditioning has developed several tips for cutting your heating and cooling costs without cutting comfort.

Install a programmable thermostat.

Controlling energy costs starts with your thermostat. During winter months you can save nearly 3 percent of heating costs for each degree your thermostat is lowered. In the summer, cooling costs are cut up to 6 percent per each degree you raise the thermostat. A programmable thermostat will automatically adjust temperatures throughout the day, ensuring greater energy efficiency and enhanced comfort. Some thermostat models even allow homeowners to pre-program desired temperatures for specific times of day. You can save costs by easily adjusting the heating and cooling settings

for when times when you're waking up, leaving for work, sleeping, or going on vacation.

Upgrade to variable-speed heating or cooling.

Depending on your comfort needs and where you live, you can choose from a variable-speed furnace or air handler. Both work with the outdoor unit to ensure the greatest energy efficiency and consistent comfort throughout your home. "Variable speed" refers to how a furnace or air handler's indoor blower motor runs. A two-stage variable-speed furnace or air handler operates at an energy-saving lower speed and a higher speed, when needed, for more consistent air circulation. With steadier, variable speeds, these indoor units don't have to turn on and off as frequently, which reduces temperature swings and may help to lower your heating bills.

Consider a hybrid system.

Hybrid HVAC systems bring together two different fuel sources, typically a gas furnace and an electric heat pump, for more efficient

(Continued on page 4)

For Your Calendar

Chapel Programs

March

- 9 Dale Thomas
16 Faith Crumbly, LEAD
23 Gerald Wheeler
30 Mrs. Teenie Finley

Sunset in Hagerstown

March

- 6 6:09 p.m.
8 DST begins—spring ahead!
13 7:16 p.m.
20 7:23 p.m.
27 7:30 p.m.

2009 Holidays

Memorial Day—Monday,
May 25

Independence Day—Monday,
July 6

Labor Day—Monday, Sep-
tember 7

Thanksgiving Day—
Thursday, November 26*

Christmas Day—Thursday,
December 24

*Workdays for the week of
Thanksgiving are Sunday,
November 22, through Tues-
day, November 24.

Orchestra Concert

The Southern Adventist University orchestra will be presenting a concert at the Highland View church on Sabbath, March 14, at 4:00 p.m. All are welcome, and there is no cost to

attend. For more information, contact Stephen Herr, vice principal, at herr@highlandviewacademy.com.

Youth Vespers Concert

One Accord, a local Christian youth band, would like to invite you to a special youth vespers concert at the Highland View SDA Church on Friday, March 13, at 7:30 p.m. All youth—and the young at heart—are invited to come and share this special time of

worship in the Highland View church fellowship hall, located at 21600 Academy Terrace, Hagerstown, Maryland. For more information, please contact Walter Umana at 240-422-3366 or Jordan Correces at 240-625-5165.

Class of 2009 Presents “Robin Hood”

Come to Highland View Academy to enjoy an evening of medieval fun! The HVA class of 2009 proudly presents the popular play “Robin Hood” on Saturday evening, March 14, at 7:30 p.m. This production stars our own Cody Munro as Robin Hood. Please come and enjoy a taste of “medieval” food and refreshments before the play; and during intermission, enjoy the cake auction and find some cool bargains at the silent auction. The doors will open at 7:30 p.m. to allow you

enjoy your light medieval supper and treats, and to browse and bid on the silent auction items. The play performance will start at 8:00 pm. Reasonably priced at \$20 for a family of 4, \$12 per couple, \$7 per person, \$5 for an HVA student. Proceeds will go toward the senior class trip and graduation expenses. Tickets will be available for purchase after March 1 and can be purchased from any senior, Cody Munro or Amanda Mihm here at the Review, or at the door.

Annual Flower and Garden Show

The Hagerstown Community College Alumni Association invites you to attend the fifteenth annual flower and garden show on Sunday, March 15, 2009, from 10:00 a.m. to 4:00 p.m. The show theme this year is “Plan It, Plant It, Planet Green!” The show will feature floral and garden exhibitors and ven-

dors, gardening seminars and demonstrations, area garden club floral design classes, raffles, children’s gardening, and more. Admission is \$4 per person; children under 12 attend free. Parking is free. For more information, call 301-790-2800, ext. 346, or visit www.hagerstowncc.edu.

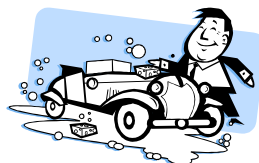
Family Feud Game Show

Enjoy an evening of family fun and fine food at the Willow Brook Pathfinders’ “Family Feud” social on Sunday, March 15, at 5:00 p.m. Join the audience in a takeoff of the hit TV game show *Family Feud*. Admission is

free. An à la carte supper of homemade soups, sandwiches, snacks, and desserts will be available for purchase. Funds raised will be used for the Pathfinder trip to Oshkosh this coming August.

Class of 2010 Car Wash and Bake Sale

Tired of looking at the white salt residue left on your car from winter? Want your car to sparkle for spring? Come support Highland View Academy’s



junior class in a benefit car wash and bake sale on March 15 from 11:00 a.m. to 3:00 p.m. Car wash is free; donations will be accepted. If you have any questions, please call 301-739-8480.

Marketplace

For sale: Apple iPod nano 4 GB Silver (third generation). Includes headphones and USB cable, \$90; TuneCast Auto Converter/Charger for all iPod models. Plugs into cigarette lighter and allows you to play your iPod through the car radio and charge it as you drive, \$40. Both items are barely used! Call Rachel at ext. 4035.

Wanted: Faith Crumbly is looking for gently used hardcover devotionals, published 2000 or more recently, to use in a literature distribution project for the public. She finds that *Fit Forever*, by Kay Kuzma, is very well accepted. Please drop the books by or send them to her office. "Thanks for partnering with me in this effort."

For sale: 55-gallon plastic drums for \$10. Call Madelyn Gatz at 240-329-4204 or 240-818-2251.

For sale: Like-new Yamaha student trumpet. Model 2335A. Just back from being ser-

vised. Contact Randy Fishell at ext. 4030 or (301) 739-3196 for more information.

For sale: one true cord of seasoned hardwood, \$160 split and delivered. Call Josh Swan at 301-991-5575.

Would you be interested in an all-natural product that you could sprinkle on your food and lose six to 12 pounds a month? If I told you that three other all-natural products existed that will help boost metabolism, curb cravings, and detoxify your body, would you be interested? I have lost two pounds in just four days, and I'm seeing significant results in my health. These products are amazing! Please contact me if you'd like to learn more about the revolutionary CORE4 system: Karene Bejarano at (240) 818-8350, or e-mail me at nickarene@verizon.net.

Internet Safety

Save the date. Tuesday, March 17, 2009, at 7:00 p.m. The MAAES Home & School will be hosting an event for all parents on Internet safety. The program is free, and information on how to keep our children safe will be presented by both a crime prevention specialist and a detective from the Washington County

Sheriff's Office. Refreshments will be provided, and since this seminar is for parents only, child care will be available for children of all ages. Invite your friends and neighbors. We look forward to seeing you there. Snow date is March 24, at 7:00 p.m.

Blood Drive in March

The American Red Cross will be here on Thursday, March 19, from 10:00 a.m. to 3:30 p.m. for a blood drive. Please give the gift of

life! Call Human Resources at ext. 4015 or ext. 4025 by March 16 to make your appointment. Thank you!

Home and School Sells Citrus

Mt. Aetna Home and School offers one last chance to get citrus fruit fresh from Florida and California in April. Order by April 3 for pickup on April 19, 2009.

California navels will be available for \$30 per full case or \$18 per half case. Grapefruit is \$25 per full case or \$14 per half case. Tangerines will be available for \$20 per half case and Valencia oranges at \$26 per full case or

\$14 per half case. Call the fruit order line at 301-739-9490, ext. 244, or e-mail your order to mtaetnafruit@yahoo.com. Include your name, address, and phone number with every order.

At pickup time a selection of dried fruit and nuts will also be available. Payment options include cash, check, Visa, MasterCard, or American Express.

March Birthdays

- 2 Sam Tipton
- 6 Oliver Gonzalez
- 7 Cody Munro
- 8 Margie Tooley
- 14 Jan Schleifer
- 16 Dave Griffiths
- 19 Marjorie Chambers



- 20 Ken Schneider
- 22 Allen Alexander
- 22 Steve Hanson
- 22 Ginger Sayles
- 26 Heather Quintana
- 29 Debbie Schneider
- 30 Alejandra Rodriguez
- 31 Penny Wheeler

Spring Ahead!

Daylight saving time begins on Sunday, March 8, at 2:00 a.m.

Set your clocks ahead before you go to sleep on Saturday night—you'll wake up with the correct time on Sunday morning!



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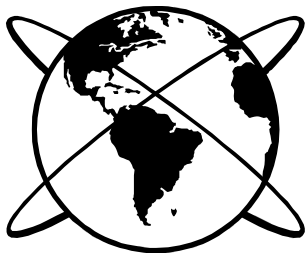
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*Submissions of articles and
advertisements are accepted
for consideration and must
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**Next publication date is
March 19, 2009.
Submissions are due on
March 16, 2009.**

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AFLAC Flexible Spending Deadline

If you have a flexible spending account with AFLAC, remember that you have until the end of March 2009 to apply for reimbursement for your 2008 expenses. Waiting until March 31 to submit your

request doesn't allow time to resolve any questions or problems, and that could result in an unpaid claim. Questions? Call Human Resources for help or for forms.

Cut Heating and Cooling Costs

(Continued from page 1)

heating and cooling. A hybrid system is calibrated to switch automatically between the furnace and heat pump, depending on which offers the most economical power for your heating or cooling needs at any given time. Cost savings can be significant. In fact, American Standard Heating & Air Conditioning's Heritage Hybrid comfort system can deliver up to 50 percent savings over a comparable 10-year old system.

Check your filter every month.

It is especially important to check your filter during heavier usage periods such as winter and summer and, at a minimum, change the filter every three months. A dirty filter will slow down air flow and make the system work harder to keep you warm or cool—wasting energy. A clean filter will also prevent dust and dirt buildup in your system. Some programmable thermostats will even remind you when to check your filters.

Get the best energy efficiency ratings.

Your heating and cooling system's components should have the highest possible energy efficiency ratings. The higher the rating, the more efficient the product and the lower your energy bills can be. Make sure your components meet the following minimums:

* Furnaces: Annual Fuel Utilization Efficiency (AFUE) ratings of 80 or higher

* Heat pumps: Heating Seasonal Performance Factor (HSPF) ratings of 7 or higher

* Air-conditioners: Seasonal Energy Efficiency Ratio (SEER) ratings of 13 or higher

By following these few easy tips, you and your family can cut energy costs and enjoy cleaner and more comfortable air all year long. For more information on how to cut your home's energy costs without sacrificing comfort, or to locate an American Standard Heating & Air Conditioning dealer near you, visit www.americanstandardair.com. —
Courtesy of ARAcontent

New Product Highlights

Title: **How To Kill Adventist Education (and How to Give It a Fighting Chance)**

Author: **Shane Anderson**

Between 1980 and 2005 Seventh-day Adventist Church membership in the North American Division increased by 75 percent. In that same 25-year period K-12 enrollment in Adventist schools dropped by nearly 25 percent. What happened? And why?

How to Kill Adventist Education takes a hard look at the troubles plaguing Adventist schools. Not only are those problems identified, along with their root causes, but a simple yet effective strategy for change is proposed. And by using this proven strategy, failing schools have successfully transformed into thriving centers of Christ-oriented education.

So yes, there is hope for Adventist education. Now let's get down to business!

